

Welcome to the Inaugural OFD Newsletter April 5, 2024

With this newsletter, our goal is to provide up-to-date information and helpful tips for faculty on topics which impact our daily work lives. Below you will find notifications and information about upcoming events with the associated links for online registration. We also have included BCH and local wellness opportunities which may be of interest. As always, please reach out with any questions regarding program content by contacting **OFD**.

OFD Mission Statement:

The Office of Faculty Development (OFD) is dedicated to facilitating the career advancement and satisfaction of Boston Children's Hospital faculty, fostering careers particularly of early-stage faculty, and increasing leadership opportunities for women and faculty underrepresented in medicine (UiM).

Please find us on the internal BCH website using the quicklink on the <u>BCH homepage</u> or go directly to our <u>OFD Homepage</u>

Meet the Team



Nicole Ullrich, MD, PhD, MMSci, FAAN
Director of the Office of Faculty Development Director of the Office for Women's Careers.



Carla Kim, PhD
Director of Basic Science Career Development



Maxine Milstein, MBA Program Director



Jill Dobriner, PhD OFD Program Manager

ChatGPT and Medicine: An Introductory Workshop Series



Learn how ChatGPT/AI can impact your clinical and research experience

The Office of Faculty Development and the Innovation and Digital Health Accelerator at Boston Children's are partnering to host a 3-part series focused on LLMs (Large Language Models) and ChatGPT. The purpose is to educate BCH staff on the capabilities, applications, and ethical considerations surrounding the use of these advanced technologies in our clinical, research, and administrative practices.

Session 1: The ABCs of ChatGPT– Friday March 8, 11:30AM-12:30PM Recording: Session 1

Speaker(s): John Brownstein, PhD; Timothy Driscoll; Benjamin Rader, PhD; Dinesh Rai, MD; Melissa Stewart, MPH

This session serves as an introductory guide to ChatGPT and Large Language Models (LLMs), with a description of LLMs, various clinical use cases, associated risks in the use of this technology and an overview of hospital resources.

Session 2: Clinical Applications of ChatGPT – Thursday March 21, 3-4PM Recording: Session 2

Speakers: Timothy Driscoll; Benjamin Rader, PhD; Dinesh Rai, MD; Melissa Stewart, MPH

Practical clinical applications of ChatGPT and LLMs, including creating patientfacing documentation, effective prompting techniques for better responses and limitations/ethical considerations associated with the use of these technologies.

Session 3: ChatGPT in Research – Friday April 5, 12-1PM (Zoom & Recorded) Speaker(s): Benjamin Rader, PhD; Dinesh Rai, MD; Melissa Stewart, MPH The final session will focus on the utilization of ChatGPT and LLMs in research. We'll discuss translating research findings into practice, and strategies for risk mitigation and navigating the IRB (Institutional Review Board) process related to the use of LLMs in research settings.

Zoom: https://bostonchildrens.zoom.us/s/94089069602 Webinar ID: 940 8906 9602 Passcode: 068769

Registration link: ChatGPT in Research

Upcoming Events

Monday, April 8, 3:30 – 5 PM Getting Promoted from Assistant to Associate Professor (Zoom)

This 60-minute presentation, followed by a 30-minute Q&A, is an overview of the Associate Professor promotion process for faculty members at the rank of Assistant Professor.

Registration required: Webinar Registration - Zoom

Tuesday, April 9, 9:00 – 12:30 Women in Science Symposium: Empowering Women in Science: Breaking Barriers and Achieving Excellence, (hybrid)

In-person at the Armenise Amphitheater and on Zoom

Speakers: Sara Bleich, PhD; Sharon Inouye, MD, MPH; Galit Lahav, PhD;

Annapurna Poduri, MD, MPH; Markella Zanni, MD

Registration and details link: Women in Science Symposium

Thursday, April 11, 11:30-12:30 Faculty Peer Support Group (Zoom) Hosts: Marisa Brett-Fleegler, MD; Sara Forman, MD; Maxine Milstein, MBA

The BCH faculty peer support group meetings offer a safe, comfortable environment to discuss challenges and solutions in areas of career, family and personal development. Participants are a mix of various specialties, different career stages, and differing career focus. This meeting will provide an opportunity to share how we are all doing and to brainstorm on how BCH can support faculty.

Zoom:

https://bostonchildrens.zoom.us/j/92324443333pwd=SXpmY3dQTHJ1NUxhbV

R6YIRGekFNZz09

Passcode: 366310

Registration link: Faculty Peer Support Group

Friday, April 26, 12 – 1 PM, How to Write a Specific Aims Page (in Person, Karp 8 Conference Room)

Space is limited - In Person Event!!! - Lunch Provided

Speaker: Peter Nigrovic, MD, Chief, Division of Immunology, Professor of Pediatrics, HMS

Co-sponsored by the Office of Faculty Development and the Office of Postdoctoral Affairs

The specific aims page is the single most important page in any grant, conveying not just the urgency and rigor of the proposed science but also the suitability of the investigator and the availability of key resources. Here we will discuss how to write a compelling aims page and how to use this document as a tool to optimize the grant as a whole, including for review by others.

To create an interactive session, we invite participants to submit an aims page for discussion at the event – please send directly to

<u>peter.nigrovic@childrens.harvard.edu</u>. This is optional and not necessary for participation. These may be distributed in advance to participants who pre-register via the form below.

Registration link: <u>How to Write a Specific Aims Page</u>

Current Faculty Funding Opportunities

New: BCH Caregiver Travel Grants

We are delighted to announce the **BCH Caregiver Travel Award**, a pilot program for Boston Children's faculty to ease the financial burden associated with additional dependent care expenses while traveling to an academic/society meeting.

This initiative is sponsored by the Boston Children's Offices of Faculty Development and Health Affairs and the Medical Staff Organization. Currently, there are fifteen awards available, capped at a maximum of \$500. Additional awards are expected to be available soon.

You can find the link to apply here. Please note that you need to apply at least 4 weeks prior to any anticipated trip.

Questions should be addressed to Maxine Milstein, MBA, OFD Program Director. **Email Maxine**.

Boston Children's Hospital ICCTR Health Equity Grants - Request for Proposals

Application Deadline: 5/1/24, 12 noon

Program Description: The Office of Health Equity and Inclusion, in collaboration with the Medical Staff Organization (MSO), the Office of Faculty Development, and the Institutional Centers for Clinical and Translational Research (ICCTR), are announcing two \$15,000 Boston Children's Hospital Pediatric Health Equity Grants that are funded by the MSO and the Harvard Catalyst.

Eligibility: Boston Children's Hospital faculty who are members of the MSO and at Instructor or Assistant Professor rank at Boston Children's Hospital as of July 2024 are eligible to apply. While applicants who belong to populations underrepresented in medicine are encouraged to apply, this is not a requirement for funding. The funding period is from July 1, 2024 to June 30, 2025.

The purpose of these one-year grants is to support innovative projects aimed at promoting equitable health outcomes and reducing health care inequities in the pediatric population.

For questions and to receive a copy of the RFP, email <u>HealthEquity</u>

Deadline: Please submit a single-file PDF of your complete application to the Office of Health Equity and Inclusion to <u>HealthEquity</u> by May 1, 2024 at 12 noon.

In Case you Missed It



Panel Discussion: Making History on "The Exceptions: Nancy Hopkins, MIT, and the Fight for Women in Science" now available online

One of the top priorities this past year at Boston Children's Hospital was to bring to the forefront the issue of professional equity. On September 12, 2023, the Office of the Executive Vice President and Chief Scientific Officer, the Office of Faculty Development, the Office for Women's Careers, the Office of Health Equity and Inclusion, the Division of Emergency Medicine, the Boston Children's Book Club, and the Network Community of Care Program hosted a panel discussion of Kate Zernike's book "Making History: The Exceptions: Nancy Hopkins, MIT, and the Fight for Women in Science".

Panelists included: Kate Zernike, National Correspondent for New York Times; Marcia McNutt, President, National Academy of Sciences; Robert Birgeneau, Chancellor Emeritus, UC Berkeley; **Dr. Nancy Andrews**, Executive VP, Chief Scientific Officer at Boston Children's and Home Secretary, National Academy of Sciences. The panel was moderated by Dr. Eman Ansari, Division of Emergency Medicine, Assistant Professor of Pediatrics, HMS. You can view the panel online.

Wellness and Family Fun

Did you know? In our monthly calendars, the Office of Faculty
Development provides manageable wellness tips for you to consider and
adapt to your lifestyle. You are also welcome to email us with a
suggestion (or suggestions) on the practices, routines, or habits that
have supported your well-being.

The Secret Garden:

 Boston Children's has a "secret garden" quiet room designated for staff and faculty to de-stress; it is located on the first floor of the Hale Building, room SK1430, across from the Chapel and next to the Garden. Various self-guided resources are available: guided meditation, reading, journaling, coloring a mandala, virtual yoga, or whatever quiet self-practice you prefer.

Grokker Wellbeing Resources

 Grokker's custom Boston Children's website and personal well-being app available to benefit eligible staff, affiliated Foundations, and up to two family members no cost. Access anytime, anywhere to over 4,000 on demand video classes focusing on: Nutrition, Mindfulness, Fitness, Yoga and Financial Wellbeing. See Grokker for more information

What is SupportLinc? A mental health benefit offered by Boston Children's Hospital, separate from your medical insurance:

- Emotional wellbeing resources; in-the-moment support by phone or live chat; face-to-face or virtual (video) counseling sessions; text therapy; self-guided resources; work-life balance support; expert consultations
- Sessions are available in an office hour format and can be scheduled in 30minute or 1-hour increments. Click here to schedule an appointment

Spring Countdowns and Rituals

While the early spring in New England is notoriously fickle (we can expect snowy days interspersed with blissfully warm spells), consider implementing a few seasonal rituals for either young family members or yourself. With the sunlight now steadily returning to the late afternoon, use this time to mindfully welcome the season.

- Bring after-school little ones on a "spot the blossoms" tour of the neighborhood; what flowers are emerging in April? What can appear in the next month?
- On outdoor walks with older children and adolescents, ask them to help plan upcoming vacations in 2024. What activities would they like to do?
- Consider joining community events that purposefully welcome spring, such as the Gore Place Annual Sheep-Shearing event on April 27 - learn more here.
- And don't forget that end-of-afternoon wind-down: give the preschoolers some spring-themed coloring pages to fill-in while you view the sunset.

CONTACT US

Schedule A One-on-One Appointment with Dr. Nicole Ullrich or Dr. Carla Kim

Are you look for guidance on your professional development, career trajectory, or readiness for promotion? Dr. Nicole Ullrich and Dr. Carla Kim can meet with you to discuss these concerns; to make an appointment, email OFD

In addition, the Office of Faculty Development is always interested in your suggestions regarding our program content and communications. Please connect with us via the email address listed above.

Office of Faculty Development

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