

# Your Book About Your Brother Being in the Hospital

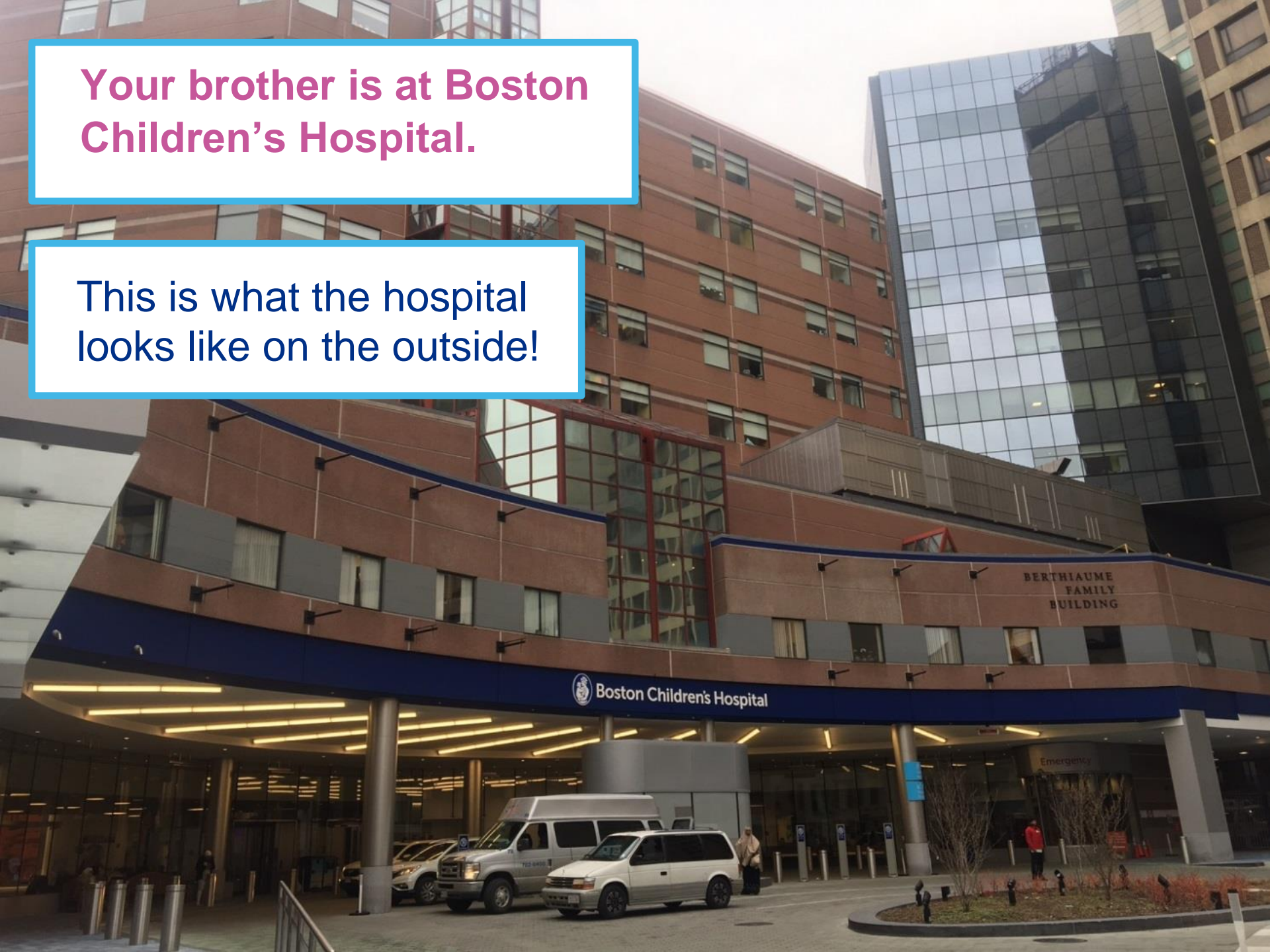
My Hospital Story



**Boston Children's Hospital**

**Your brother is at Boston Children's Hospital.**

**This is what the hospital looks like on the outside!**



Entrance

This hospital  
is special  
because it's  
just for kids!





This is the first stop at the hospital.

The people who sit here tell kids and families where to go.





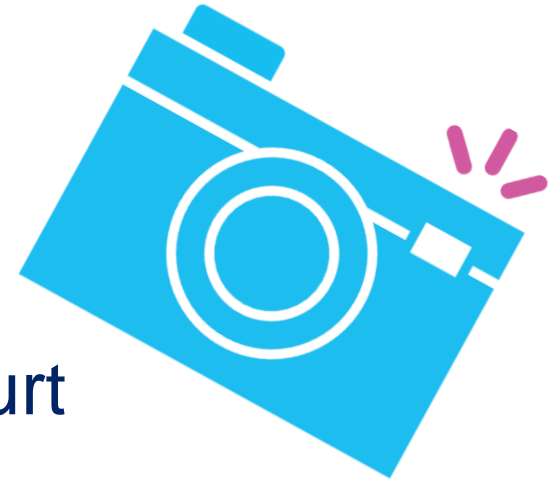
**There are a lot of fun things to do in the lobby of the hospital.**

- There's a screen that moves around and changes when you walk in front of it.
- There are musical stairs that play music when you go up and down them.
- There's even a big fish tank.



# Kids come to the hospital for different reasons.

Some kids need surgery, some are hurt or sick, some need to get special pictures taken and some kids come for a check-up with their doctor.



Your brother has his very own hospital room that he will stay in overnight. This is to make sure that he gets the extra help and medicines he needs to get better.



# We don't know why some kids have to go to the hospital

**BUT** we do know...

- ✓ It's not because of anything someone did or didn't do.
- ✓ This is the best place to help kids' bodies get better.
- ✓ Your brother is safe and comfortable.



You might be missing your brother while he is at the hospital, and you might miss your parents too.

It's **OK** to feel that way!

He won't be in the hospital forever and will come home when the doctors say it's safe.



# You might feel



happy



sad



nervous



excited



mad



frustrated



worried



confused



calm



tired

You might even feel all of these at once and you might feel different ways at different times! Any way you are feeling is OK. You might like to talk to an adult about how you feel or write about it in a journal.

# Some ways to help when your brother is in the hospital:

- **You can draw pictures or pick out pictures** to decorate your brother's hospital room.
- **Make an “All About Me”** story that tells hospital staff all about your brother so they can get to know him better.
- **Make an “All About Our Family”** story for the hospital staff to get to know your family.
- **You can snuggle with a pillow, shirt or stuffed animal** that belongs to your parent or brother when you are missing them.
- **Look at pictures of your brother** to think of all of the special times you share.



**Do you have questions or want to talk more about the hospital or your brother?**



You can draw a picture about how you feel, write it down or ask an adult!

You may want to talk to a Child Life specialist. They are like hospital teachers that can help you learn and answer questions about the hospital. If you want to talk to someone like this, you can tell your parents!

# The End!



**Boston Children's Hospital**

Where the world comes for answers