



Boston Children's Hospital

Office of Faculty Development

Weekly Newsletter September 13, 2024

Our goal is to provide up-to-date information and helpful tips for faculty on topics which impact our daily work lives. Please contact us with any questions regarding program content.

You can find us on the internal BCH website using the quicklink on the [BCH homepage](#) or go directly to our [OFD Homepage](#)

NEWS AND EVENTS

**Time Management Solutions:
Is September a whirlwind of activity that is hard to manage? This workshop provides guides navigating the incoming traffic
Tuesday, 9/17/24, 12-1 PM**

333 Longwood Ave, 3rd Floor ORL Conference Room OR by zoom (see below)

Speakers: Lydia Shrier, MD, MPH; Judy Zola, MBA

Co-sponsors: Office of Faculty Development + Office of Post-Doctoral Affairs

Looking for more efficient ways to manage time in your personal and professional life? This workshop will provide practical suggestions on how to deal with distractions, prioritize and sort tasks and organize technology.

Registration form

Limited capacity for in-person attendance

If you would like to attend via zoom, [use this link](#)

Meeting ID: 944 6535 4680

Password: 203605

**Celebrate Fall - Join the OFD Apple-Picking Expedition
Saturday, 9/21/24, 1 – 4 PM**

Westward Orchards

178 Mass Ave., Harvard, Massachusetts

Host: Alicia Casey, MD

Come spend time apple-picking with colleagues and families and enjoy toddler/kid-antics, fresh air, and a countryside setting.

Meet by the playground at 1:00 PM – Look for the pop-up tent.

To register, please fill out this [form](#)

There is no admission fee: each family is responsible for their own apple purchases.

Directions: Click on the “[Get Directions](#)” link:

Raindate: Sunday, 9/22

2025 HMS/HSDM Leadership Development Course for Physicians and Scientists Applications Due 9/30/24, 5pm

Leadership Course [website](#)

When: 4/2/2025 - 4/4/2025, 8am - 5pm

Course Description: This is a three-day course designed for the HMS/HSDM instructors who are 2+ years at rank and assistant professors who have a responsibility for a research grant, laboratory, educational course, or clinical program.

Goal: build on participants' knowledge base and skills to enhance their professional development as administrative leaders in academic medicine.

Curriculum: human resource management, negotiation, finance, self-assessment, communications, and personal career development.

See the website for more information and application instructions. Women and faculty under-represented in medicine are particularly encouraged to apply.

Mentorship Excellence Program

The **Core Program** will instruct HMS-affiliated faculty in mentoring techniques and skills. Workshops are now open for registration. Check the linked website for all details.

[HMS Launches the Core for](#)

8am - 5pm: 9/17, 10/1, 11/8

The goals for these workshops are to familiarize faculty mentors in the biomedical and related sciences with approaches to effective mentoring and to enhance the knowledge and skills of mentors across a range of competencies known to be critical in mentorship:

Maintaining Effective Communication; Assessing Understanding; Aligning Expectations; Addressing Equity and Inclusion; Fostering Independence; Promoting Professional Development; Fostering Wellbeing

IN CASE YOU MISSED IT

**Women in Medicine Month Grand Rounds
“How to Thrive – Not Just Survive: Lessons Learned”**

Speaker

Nicole Ullrich, MD, PhD, MMSci
Director, Offices of Faculty Development and Women's Careers

Highlights:

1. There is no such thing as a linear career path - be flexible and keep your compass pointing north
2. Find your village
3. Create a community of mentors
4. Learn to say "NO"
5. Ask for help - and accept it
6. It's ok to be a work in progress

Video is available [here](#)

UPCOMING EVENTS

Boston Children's Hospital Trust: Spotlight Series ***"Beyond the RFA: A Guide to Early Career Funding"***

Friday, 9/20/24, 11 AM - 12 Noon

Host: Boston Children's Trust Foundation Relations Team

Panel discussion with BCH investigators

See all details and register via the [event flyer!](#)

RSVP by 9/15

HMS Office for Faculty Affairs Programs

Getting Promoted from Instructor to Assistant Professor

Monday, 9/23/2024, 3:30pm to 5:00pm

Description: This 60-minute presentation, followed by a 30-minute Q&A, provides an overview of the Assistant Professor promotion process for faculty members at the rank of Instructor. Topics include selecting an Area of Excellence and Significant Supporting Activities, evaluation criteria, requirements for the dossier, and the Longer Service pathway

Zoom Presentation

[Register here](#)

For a complete list of upcoming programs, [check here](#)

Hispanic Outreach, Latinos, Amigos & Allies (HOLA) Annual Celebration

Thursday, 9/26/24, 11:00 am to 12:00 noon

Live in person: Folkman Auditorium. [If you are joining in person, please RSVP by clicking here.](#)

ZOOM Webinar: Webinar ID: 934 6509 3171; Passcode: 507048 [Please click the link to join the webinar](#)

Workshop opportunity: Curiosity as a Reflective Practice

Who's leading it: **Jenn Mahony, JD**, Director for the Boston Children's Ombuds Office and special guest **Adar Cohen, PhD**.

Where/when: **Wednesday, 10/9, 12-3:30pm, 1 Autumn Street Auditorium A.**

What is it about: Curiosity is a discipline. The more we embed that discipline into our everyday lives, the more we expand our curiosity muscle capacity. The more expansive our curiosity capacity—even in the most difficult and conflict-laden moments—the greater the chance that we truly innovate; that we build trusted relationships within our teams; that we live a safe, speak-up culture; and that we support best in the world patient care and research. It starts with a simple question: What's a conversation that you've been putting off?

Who's it for: Emerging and existing leaders across the enterprise (clinical, research, and administration), including team leaders, managers, Principal Investigators, and Director level and below

What can you expect: High engagement and a high energy workshop that will lead you through the process of understanding how we use reflective practice principles. Apply learning to your real-world outcome—planning that conversation that you've been putting off and applying these principles within your team.

This workshop is in person only and limited to 80 participants so sign up early! Read more about our special guest [Adar Cohen](#) whose work ranges from uniting gang leaders and police officers in Chicago to helping plan for future of Belfast following generations of conflict.

[Click here to sign up](#)

Dr. M. Judah Folkman Research Day 9/26/24

Host: Medical Staff Organization and Office of Postdoctoral Affairs

Karp Library Boardroom:

8 - 930am Clinical Research Talks
10 - 1130pm Translational Research Talks
12 - 130pm Basic Research Talks
2 - 430pm Career Development Workshops

Longwood Hall - The Inn at Longwood Medical

5 - 7pm Poster Reception

Click [here](#) for Folkman Research Day schedule

FUNDING OPPORTUNITY

2025 Underrepresented in Medicine (UiM) Clinical Research Career Development Grant

RFA with application

Sponsors: Harvard Catalyst and the Office of Health Equity and Inclusion

Goal: Support clinical researchers from diverse population groups to create a more inclusive environment and to foster scientific innovation.

Funding details: The total award is \$100,000 over two years. The applicant's department/division must commit to protecting at least 20% of the investigator's time to conduct the proposed research. The award includes clinical research mentorship.

Applications are due 11/1/2024.

Questions? Reach out to [Lise Nigrovic, MD, MPH](#) or [Valerie Ward, MD, MPH](#)

PROGRAM SPOTLIGHT: Community Health

Boston Children's community mission is to improve the health and well-being of children and families in our local community. **The Office of Community Health** brings together hospital and community resources to address health disparities, improve health outcomes, and promote health equity.

Visit the [website](#) to learn more about the Community Mission and the Office of Community Health.

Faculty Wellness

Boston Children's Faculty Parental Wellness Program

The [Parental Wellness Program](#) is sponsored by the Office of Faculty Development and Office for Women's Careers and supported by Boston Children's Health Affairs. Highlights include:

- **One-stop online resource library**
- **Pilot Lactation Program:** provides support up to \$500 to assist with the costs associated with feeding and lactation needs. Each participant will be paired with an experienced and trained Parental Wellness Advocate to provide guidance and support.
- Learn more about how you can participate in the pilot lactation program, [here](#).
- If you are interested in being a **Parental Wellness Advocate**, you can learn more [here](#). This role comes with a modest reimbursement for your time.
- If you'd like to stay informed, please [join our mailing list](#).

Parental Wellness Program now offers [FREE](#) back-up pump supplies!

Are you a faculty parent who pumps at work and forgot a part?

The **MSO-sponsored** free back-up pump part soft launch is officially here!

Where: BCH Lactation office in the main hospital (across from the gift shop)

Please call **617-355-0005** to confirm they are available to grant you access to the closet where parts are stored.

Hours 7a-7p

In order to receive the free parts, you must complete a survey so we know what pumps to replace and how we can improve the program

Are we missing pump parts that you typically use?

Please email us to make a suggestion: [parental wellness](#)

Boston Children's Bookclub

September 26 at noon

Table for Two by Amor Towles

One of the contemporary award winner writers who brought us "A Gentleman in Moscow" and "Rules of Civility."

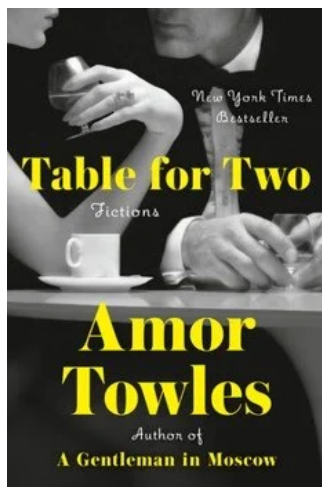
Instant *New York Times* Bestseller

"A knockout collection. ... Sharp-edged satire deceptively wrapped like a box of Neuhaus chocolates, *Table for Two* is a winner." —*The New York Times*

"Superb ... This may be Towles' best book yet. Each tale is as satisfying as a master chef's main course, filled with drama, wit, erudition and, most of all, heart." —*Los Angeles Times*

Recurring Link Here

Meeting ID: 916 7397 1943 Password: 136887



World Gratitude Day is September 21



A simple “**thank you**” can build bridges, helping us understand each other more deeply and realize that we would not be where we are without the help of others. The more we express gratitude, the more it is engrained in our mindset and can rewire our brains to be more optimistic and resilient, improving our overall well-being.

Try planning time each week this month to send a note of thanks to someone!

Boston-area Late Summer and Early Fall Activities:

- **Downtown Boston Arts Market** Every Thursday and Friday from 11 am to 5 pm at the Summer Street Plaza through October
- Somerville's popular Saturday morning **Farmers Market** is held 9 am - 1 pm through October 26

BCH ARCHIVES

Walking Tours of Boston Children's History

Want to learn about the people, sites, and discoveries that make Boston Children's a world-class leader in pediatric medicine?

Led by the Archives Program, participants take a walking tour of historic sites around our Longwood campus and learn how Boston Children's Hospital has helped shape the field of pediatrics since 1869.

See the monthly schedule and sign up here: [BCH History Tour](#)

You will receive a confirmation invite if a spot is available.

For more information, contact the [Archives Program](#)

NEED GUIDANCE ON PROFESSIONAL DEVELOPMENT? CV REVIEW?

**Schedule A One-on-One Appointment with
Dr. Nicole Ullrich or Dr. Carla Kim**

Are you look for guidance on your professional development, career trajectory, or readiness for promotion? Dr. Nicole Ullrich and Dr. Carla Kim can meet with you to discuss these concerns. To make an appointment, email [OFD](#)

HELPFUL LINKS

[Office of Faculty Development](#)

[Parental Wellness Program site](#)

[BCH Health Affairs Site](#)

[Medical Staff Wellness Resources](#)

[Office of Postdoctoral Affairs](#)

[Office of Clinician Support](#)

[BCH Ombuds Office](#)

CONTACT US

OFD Mission Statement:

The Office of Faculty Development (OFD) is dedicated to facilitating the career advancement and satisfaction of Boston Children's Hospital faculty, fostering careers particularly of early-stage faculty, and increasing leadership opportunities for women and faculty underrepresented in medicine (UiM).

[The Office of Faculty Development](#) is always interested in your suggestions regarding our program content and communications. Please connect with us via the email address listed above or by visiting the [OFD Website](#).

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