

Weekly Newsletter September 6, 2024

Our goal is to provide up-to-date information and helpful tips for faculty on topics which impact our daily work lives. Please contact us with any questions regarding program content.

You can find us on the internal BCH website using the quicklink on the <u>BCH</u> homepage or go directly to our <u>OFD Homepage</u>

NEWS AND EVENTS

In case you missed it:

Women in Medicine Month Grand Rounds: "How to Thrive – Not Just
Survive: Lessons Learned"

Speaker

Nicole Ullrich, MD, PhD, MMSci Department of Neurology, Boston Children's Hospital Director, Offices of Faculty Development and Women's Careers

Highlights:

- 1. There is no such thing as a linear career path be flexible and keep your compass pointing north
- 2. Find your village
- 3. Create a community of mentors
- 4. Learn to say "NO"
- 5. Ask for help and accept it
- 6. It's ok to be a work in progress

Video is available here

Faculty Peer Support Virtual Kick-off Meeting Monday, 9/9/24, Noon – 1 PM, Zoom

Faculty hosts, Drs. Sara Forman and Marissa Brett-Fleegler:

The peer support groups offer a comfortable environment to discuss challenges and solutions in areas of career, family, and personal development.

To register, please fill out this **short form**





Farewell and thank you!!

The Office of Faculty Development bids a fond farewell to our Program Manager, **Jill Dobriner**, as she embarks upon her retirement on September 13. Jill has been an integral part of the Office since its inception in 2001. We are deeply grateful for her countless contributions.



Mass General Brigham Celia White Tabor Lecture: "Promoting Gender Equity in Academic Medicine:
An Evidence-Based Approach"
Thursday, 9/12/24, 8:00-9:00am

Dr. Reshma Jagsi, MD, DPhil

In-Person: O'Keeffe Auditorium Zoom link here (streaming)



HMS Office for Faculty Affairs Programs

Crafting Your Faculty of Medicine CV Monday, 9/9/2024, 3:30pm to 5:30pm

Description: This 90-minute presentation, followed by a 30-minute Q&A, highlights some of the best practices for anyone maintaining a Faculty of Medicine CV. Participants will better appreciate how to use the standardized format to their advantage.

Zoom Presentation

Register here

Getting Promoted from Instructor to Assistant Professor

Monday, 9/23/2024, 3:30pm to 5:00pm

Description: This 60-minute presentation, followed by a 30-minute Q&A, provides an overview of the Assistant Professor promotion process for faculty members at the rank of Instructor. Topics include selecting an Area of Excellence and Significant Supporting Activities, evaluation criteria, requirements for the dossier, and the Longer Service pathway

Zoom Presentation

Register here

For a complete list of upcoming programs, check here

3rd annual Pediatric Health Equity and Policy Research Symposium 9/12/24 and 9/13/24

Sponsored by the Fenwick Institute

This Pediatric Health Equity and Policy Research Symposium is a national forum for the discussion of research related to child health disparities, child health equity, and health policy.

This will also be a time of networking and building community among national child health researchers and advocates working to improve child health outcomes across

the U.S. The Symposium will start with a keynote address by Dr. Joseph Wright, inaugural Chief Health Equity Officer of the American Academy of Pediatrics.

For more information and to register for this hybrid Symposium (in-person or virtual attendance) click: **Registration**

Faculty Development Workshop Tuesday, 9/17/24, 12-1 PM

Time Management Solutions

333 Longwood Ave, 3rd Floor ORL Conference Room Speakers: Lydia Shrier, MD, MPH; Judy Zola, MBA

Co-sponsors: Office of Faculty Development and Office of Post-Doctoral

Affairs

Looking for more efficient ways to manage time in your personal and professional life? This workshop will help you identify your peak energy times and provide practical suggestions on how to deal with distractions, prioritize and sort tasks and organize technology.

Registration form

Limited capacity for in-person attendance
If you would like to attend via zoom, use this link
Meeting ID: 944 6535 4680 Password: 203605

Boston Children's Hospital Trust: Spotlight Series "Beyond the RFA: A Guide to Early Career Funding" Friday, 9/20/24, 11 AM - 12 Noon

Host: Boston Children's Trust Foundation Relations Team Panel discussion with BCH investigators
See all details and register via the event flyer!
RSVP by 9/15

Dr. M. Judah Folkman Research Day 9/26/24

Host: Medical Staff Organization and Office of Postdoctoral Affairs Karp Library Boardroom:

8 - 930am Clinical Talks 10 - 1130pm Translational Talks 12 - 130pm Research Talks

2 - 430pm Career Development Workshops

Longwood Hall - The Inn at Longwood Medical

5 - 7pm Poster Reception

Click here for Folkman Research Day schedule



Faculty Wellness

Office of Faculty Development Apple-Picking Expedition Saturday, 9/21/24, 1 – 4 PM

Westward Orchards 178 Mass Ave., Harvard, Massachusetts Host: Alicia Casey, MD

Come spend a few hours apple-picking with colleagues and families in the Orchards and enjoy toddler/kid-antics, fresh air, and a countryside setting.

We will meet by the playground at 1:00 PM — Look for the pop-up tent.

To register, please fill out this form

There is no admission fee: each family is responsible for their own apple purchases.

Directions: Click on the "Get Directions" link:

Raindate: Sunday, 9/22

Boston Children's Faculty Parental Wellness Program

The <u>Parental Wellness Program</u> is sponsored by the Office of Faculty Development and Office for Women's Careers and supported by Boston Children's Health Affairs. Highlights include:

- One-stop online resource library
- Pilot Lactation Program: provides support up to \$500 to assist with the
 costs associated with feeding and lactation needs. Each participant will be
 paired with an experienced and trained Parental Wellness Advocate to provide
 guidance and support.
- Learn more about how you can participate in the pilot lactation program, <u>here</u>.
- If you are interested in being a **Parental Wellness Advocate**, you can learn more here. This role comes with a modest reimbursement for your time.
- If you'd like to stay informed, please join our mailing list.

Parental Wellness Program now offers <u>FREE</u> back-up pump supplies!

Are you a <u>faculty</u> parent who pumps at work and forgot a part?
The **MSO-sponsored** free back-up pump part soft launch is officially here! **Where:** BCH Lactation office in the main hospital (across from the gift shop)
Please call **617-355-0005** to confirm they are available to grant you access to the closet where parts are stored.

Hours 7a-7p

In order to receive the free parts, you must complete a survey so we know what pumps to replace and how we can improve the program

Are we missing pump parts that you typically use?
Please email us to make a suggestion: parental wellness

BCH ARCHIVES

Walking Tours of Boston Children's History

Want to learn about the people, sites, and discoveries that make Boston Children's a world-class leader in pediatric medicine?

Led by the Archives Program, participants take a walking tour of historic sites around our Longwood campus and learn how Boston Children's Hospital has helped shape the field of pediatrics since 1869.

See the monthly schedule and sign up here: BCH History Tour You will receive a confirmation invite if a spot is available.

For more information, contact the **Archives Program**

NEED GUIDANCE ON PROFESSIONAL DEVELOPMENT? CV REVIEW?

Schedule A One-on-One Appointment with Dr. Nicole Ullrich or Dr. Carla Kim

Are you look for guidance on your professional development, career trajectory, or readiness for promotion? Dr. Nicole Ullrich and Dr. Carla Kim can meet with you to discuss these concerns. To make an appointment, email OFD

Boston-area Late Summer and Early Fall Activities:

- Downtown Boston Arts Market Every Thursday and Friday from 11 am to 5 pm at the Summer Street Plaza through October
- Somerville's popular Saturday morning Farmers Market is held 9 am 1 pm through October 26

HELPFUL LINKS

Office of Faculty Development
Parental Wellness Program site

BCH Health Affairs Site

Medical Staff Wellness Resources

Office of Postdoctoral Affairs

Office of Clinician Support

BCH Ombuds Office

CONTACT US

OFD Mission Statement:

The Office of Faculty Development (OFD) is dedicated to facilitating the career advancement and satisfaction of Boston Children's Hospital faculty, fostering careers particularly of early-stage faculty, and increasing leadership opportunities for women and faculty underrepresented in medicine (UiM).

<u>The Office of Faculty Development</u> is always interested in your suggestions regarding our program content and communications. Please connect with us via the email address listed above or by visiting the <u>OFD Website</u>.

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